

Iyengar Yoga Holiday

with Senior Level 3 teacher **Alan Brown**

6 –13 September 2016
Dalyan, Southern Turkey



Alan has been teaching yoga for over 30 years and studied at the Ramamani Iyengar Yoga Institute in India several times, his receptivity to individual needs brings benefit to yoga students of all levels of experience. www.iyengaryogateacher.co.uk

An idyllic spot, the Likya Pension is situated next to the Dalyan river – a family run small hotel where we have been running yoga holidays for 6 years.

The town of Dalyan is a few minutes walk from the hotel – with great restaurants, shops and cafes. The hotel runs great boat



trips for us around the coast stopping at beautiful bays and includes lunch. Water taxis take you to the unspoilt beach where loggerhead turtles lay their eggs –



a reed lined, tranquil journey with kingfishers & birds of prey. You can hire cycles, motor bikes or a car to explore the area further.

Included in the holiday price: 10 yoga classes, ensuite accommodation – shared or single, breakfast each day & 2 delicious evening meals

Cost : Shared room £380 per person Single room £480

Deposit : £150 – balance payable 5 weeks before holiday start –Flights not included – Easyjet, Monarch & Thomas Cook fly to Dalaman Airport

For Bookings & more info: Sue sueyoga40@gmail.com or call 07851 195208

www.peakyoga.org.uk